



# Hot Topics IN PEDIATRICS

**July 25-27, 2019**

Disney's Yacht and Beach Club Resort in the  
*Walt Disney World*<sup>®</sup> Resort  
Lake Buena Vista, Florida

**Nemours**<sup>®</sup> Children's Health System

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Our fifth annual *Hot Topics in Pediatrics* conference will be held July 25-27, 2019 at Disney's Yacht and Beach Club Resort in the *Walt Disney World*® Resort in Lake Buena Vista, Florida. The conference will feature national leaders in the field of pediatrics discussing some of the hottest and most controversial topics for providers caring for children in the primary care setting. From controversies to interactive educational offerings, *Hot Topics in Pediatrics* will help you stay current with today's important issues and implement strategies for practice change.

Topics including screens and children, resiliency, EBV, asthma, urologic problems, kidney stones, cystic fibrosis, hemangiomas, hyperhidrosis, summer rashes, diabetes mellitus, and many more, will be presented by experts. There will be plenty of time for one-to-one discussion with speakers, and opportunities for case-based learning and debates on controversial clinical topics.

## AGAIN THIS YEAR

- An opportunity to earn MOC points in the American Board of Pediatrics (ABP) Maintenance of Certification program.
- Nemours is accredited by the Florida Board of Nursing to offer nursing contact hours (Provider #50-1428.). Application to offer nursing contact hours will be made.
- Application will be made to the American Academy of Family Physicians for prescribed credits for this conference.

As applications are approved, [www.HotTopicsinPediatrics.org](http://www.HotTopicsinPediatrics.org) will be updated.

A conference has never been so much fun! Staying at the *Walt Disney World*® Resort gives you plenty of time to learn, relax and enjoy theme park fun in sunny Florida with your family and friends.

We hope that you will be able to join us for *Hot Topics in Pediatrics*!



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## PROGRAM CHAIRS

*Shiva Kalidindi, MD, MPH, MS (Ed.), FAAP*    *Jessica Tomaszewski, MD, FAAP*    *Robert S. Walter, MD, FAAP*

## OBJECTIVES

At the conclusion of this program, participants should be able to develop a differential diagnosis for, assess and manage clinical issues that occur in the primary care office, including:

- Recognizing common and uncommon presentations of pediatric dermatologic diseases/conditions.
- Discussing recent advances in infectious disease testing.
- Developing a comprehensive management plan for the child presenting with asthma.
- Rapidly and accurately determining which pediatric patients presenting with cardiac symptoms require referral to a specialist.
- Evaluating, diagnosing and treating the whole spectrum of pediatric infectious mononucleosis, referring when necessary.
- Helping parents develop strategies for teen social media monitoring and limits.
- Developing and implementing cognitive behavioral therapy for anxious children.
- Diagnosing and treating pediatric patients with possible kidney stones.
- Utilizing the current urinary tract infection (UTI) guidelines to diagnose and treat UTIs in children and determine the best imaging choices in febrile infant UTIs.
- Recognizing the wide array of choices for autism therapy, and directing families to appropriate treatments.
- Providing better care for diabetic patients through implementation of new diabetes treatments, from pumps to continuous glucose monitoring.
- Recognizing the high-risk behaviors of teenagers to better intervene to prevent injury in a timely manner.
- Developing a differential diagnosis and treatment plans for pediatric dermatologic problems from hyperhidrosis to infectious rashes, to hemangiomas and vascular lesions.

# CONFERENCE SCHEDULE

## Hot Topics IN PEDIATRICS

### THURSDAY – July 25, 2019

- 7:00 a.m. Continental Breakfast/Registration/Exhibits
- 7:30 a.m. Top 5 Articles of 2019 - *Shiva Kalidindi, MD, MPH, MS (Ed.), FAAP; Jessica Tomaszewski, MD, FAAP; Robert S. Walter, MD, FAAP*
- THE SCREEN LIFE OF PIGLET AND ELSA - Moderator: Robert S. Walter, MD, FAAP**
- 8:15 a.m. I Was a Screenage Zombie: What Can We Really Say About Teens and Social Media? *David L. Hill, MD, FAAP*
- 8:45 a.m. Anxiety, Resiliency, and Hakuna Matata: A Somewhat Problematic Phrase - *Colleen C. Cullinan, PhD*
- 9:15 a.m. Teething Tablets: Electronic Media and the Very Young Child - *David L. Hill, MD, FAAP*
- 9:45 a.m. Q&A
- 10 a.m. Break/Exhibits
- 10:30 a.m. **HOT CONTROVERSY #1** - Should Parents GPS-Track Their Teens? *David L. Hill, MD, FAAP vs. Colleen C. Cullinan, PhD*
- SLEEPY AND WHEEZY - Moderator: Robert S. Walter, MD, FAAP**
- 11:00 a.m. Mano Y Mono: A Hands-on Approach to Epstein-Barr Virus (EBV) Infection - *Neil Rellosa, MD*
- 11:45 a.m. Asthma Management: Looking Beyond the Guidelines - *Aaron S. Chidekel, MD*
- 12:30 p.m. Q&A
- 12:45 p.m. Adjourn

### FRIDAY – July 26, 2019

- 7:00 a.m. Continental Breakfast/Registration/Exhibits
- PEDIATRIC GU 2019 - Moderator: Robert S. Walter, MD, FAAP**
- 7:30 a.m. Groans and Stones: Pediatric Nephrolithiasis - *Joshua Zaritsky, MD, PhD and Pamela Ellsworth, MD*
- 8:00 a.m. Common Urologic Problems - When to Worry - *Pamela Ellsworth, MD*
- 8:30 a.m. Pediatric UTI Update 2019 - What's a Clinician To Do? *Joshua Zaritsky, MD, PhD*
- 9:00 a.m. Q&A
- 9:15 a.m. **HOT CONTROVERSY #2** - To V(CUG) or Not V(CUG) Febrile Infants with UTIs - *Joshua Zaritsky, MD, PhD vs. Pamela Ellsworth, MD*
- 9:45 a.m. Break/Exhibits
- PEDIATRIC POTPOURRI - Moderator: Jessica Tomaszewski, MD, FAAP**
- 10:15 a.m. Order Up! A Quick Review of Infectious Diseases Diagnostics for the Primary Care Clinician - *Neil Rellosa, MD*
- 10:45 a.m. What's "New" in CF: From Newborns to New Medications - *Aaron S. Chidekel, MD*
- 11:15 a.m. It Doesn't Have to Hurt: Taking the Pain Out of Vaccines - *Colleen C. Cullinan, PhD*
- 11:45 a.m. Q & A
- Noon Autism: Understanding the Therapies - *Lisa Spector, MD, FAAP*
- 12:40 p.m. Q&A
- 12:45 p.m. Adjourn

### SATURDAY – July 27, 2019

- 7:00 a.m. Continental Breakfast/Registration/Exhibits
- THE DISNEY RASH - Moderator: Shiva Kalidindi, MD, MPH, MS (Ed.), FAAP**
- 7:30 a.m. Hot and Sweaty: Hyperhidrosis and Summer Rashes- *Jim Treat, MD*
- 8:00 a.m. Pediatric Infectious Rashes: Benign to Scary - *Jim Treat, MD*
- 8:30 a.m. Update on Hemangiomas and Vascular Lesions - *Jim Treat, MD*
- 9:00 a.m. Q&A
- 9:15 a.m. **HOT CONTROVERSY #3** - Should We Treat Most Molluscum and Warts? *Robert S. Walter, MD, FAAP vs. Jim Treat, MD*
- 9:45 a.m. Break (and hotel check-out if necessary)
- 21ST CENTURY PEDIATRICS - Moderator: Shiva Kalidindi, MD, MPH, MS (Ed.), FAAP**
- 10:15 a.m. Risky Games Teens Play - *Lonna P. Gordon, MD, PharmD*
- 10:45 a.m. Pediatric Diabetes Mellitus: Practical Aspects and New Technology - *Shilpa Gurnurkar, MD*
- 11:15 a.m. Adolescent HEADSS for Busy Pediatricians - *Lonna P. Gordon, MD, PharmD*
- 11:45 a.m. Pediatric Cardiology Cases in the General Peds Clinic: Should I Refer or Not Refer? *Gul H. Dadlani, MD*
- 12:15 p.m. Q&A
- 12:30 p.m. Adjourn



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# FACULTY

## Hot Topics IN PEDIATRICS

### PROGRAM CHAIRS / MODERATORS

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**Jim Treat, MD**

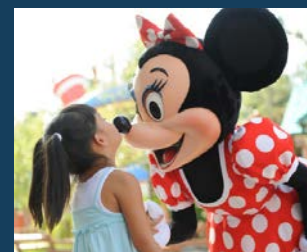
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# GENERAL INFORMATION

## Accreditation

Nemours is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nemours designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 14 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

## Commercial Support

This course may be supported in part by educational grants in accordance with ACCME Standards. At the time of this printing, a list of commercial supporters was not available. Appropriate acknowledgement will be given to all exhibitors and supporters in conference materials and at the time of the meeting.

## Disclosure Policy

As a provider accredited by the ACCME, Nemours must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty involved in the development of CME content are required to disclose to Nemours their relevant financial relationships. An individual has a relevant financial relationship if he/she has a financial relationship in any amount occurring in the last 12 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control. Nemours has policies in place to resolve potential financial conflicts of interest. Relevant financial relationships will be disclosed to the activity audience.

## Americans with Disabilities Act

In accordance with the Americans with Disabilities Act, Nemours will provide modifications in teaching methodologies to accommodate individual needs. To request disability accommodations, contact the Office of Continuing Medical Education at least 15 days in advance of the program at (302) 651-6750.

## Registration

Advance registration is required and should be received by July 1, 2019. All registrations received by this date will be confirmed by email.

## Fees

The registration fee is \$550 for physicians, \$450 for nurses and allied health professionals and \$375 for students and residents with a letter from their program director. This fee includes all course materials, continental breakfast and refreshments at breaks. A \$50 discount will be offered for online registrations received before **April 1** via our websites, [www.HotTopicsinPediatrics.org](http://www.HotTopicsinPediatrics.org) and [www.PedsUniversity.org](http://www.PedsUniversity.org).

## Refunds

A refund less a \$100 processing fee will be given for WRITTEN cancellations postmarked on or before July 1, 2019. No refunds will be given after this date. The Nemours Children's Health System is not responsible for any cancellation or change fees assessed by hotels, airlines or travel agencies.

## Hotel Information

A block of rooms has been reserved at Disney's Yacht and Beach Club Resorts at the *Walt Disney World®* Resort. These two beautiful lakeside resorts are designed around Stormalong Bay, voted Disney's best pool. Stormalong Bay is a three-acre mini water park, which includes a 230-foot-long shipwreck water slide, a sand-bottomed pool, a lazy river, and three whirlpool spas. While free transportation is provided to all of the Disney Parks, Disney's Yacht and Beach Club Resorts are walking distance to Epcot and a convenient boat ride to Disney's Hollywood Studios. Other amenities include:

- Beautifully appointed rooms and incredible swimming pools highlight this luxury hotel experience.
- Complimentary scheduled transportation to all *Walt Disney World®* Resort theme parks.
- Complimentary shuttle service from the airport to your Disney hotel.
- Complimentary luggage service directly from the airplane to your hotel room.

Single or double rooms are available at the conference rate of \$255 per night (plus tax.) A great rate for two of Disney's most lavish resorts! Hotel reservations may be made through our website, [www.HotTopicsinPediatrics.org](http://www.HotTopicsinPediatrics.org) or by calling the *Walt Disney World®* Resort, (407) 939-4686. Please mention Nemours and the name of the conference (*Hot Topics in Pediatrics*) to obtain the group discount.

**The deadline for hotel reservations is June 21, 2019.** However, the hotel may fill well before the deadline, so please reserve early. (If you prefer to reserve a room at a different *Walt Disney World®* Resort hotel, you can also do that through the phone number above.)

## Discount Disney Tickets

Information on specially priced tickets to the *Walt Disney World®* Resort Theme Parks is available through our website [www.HotTopicsinPediatrics.org](http://www.HotTopicsinPediatrics.org).

## Transportation

*Disney's Magical Express®* Transportation, a complimentary shuttle and luggage delivery service, will take you from the airport directly to your *Walt Disney World®* Resort hotel. Please call (407) 827-6777 to book your *Disney's Magical Express®* Transportation reservation.

To ensure seamless service, please make your *Disney's Magical Express®* Transportation reservation at least 30 days in advance of your arrival date.

## For More Information

Contact Karen Bidus, Nemours Office of Continuing Medical Education  
Phone (302) 651-6752 | Email [kbidus@nemours.org](mailto:kbidus@nemours.org)



# REGISTRATION FORM

## Hot Topics IN PEDIATRICS

July 25-27, 2019

REGISTRATION DEADLINE: July 1, 2019

Nemours<sup>®</sup>

Children's Health System

Register with credit card online at [www.PedsUniversity.org](http://www.PedsUniversity.org)

Name \_\_\_\_\_ Title / Degree \_\_\_\_\_

Name as it should appear on your name badge \_\_\_\_\_

Employer / Practice \_\_\_\_\_

Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Telephone number \_\_\_\_\_

Email address \_\_\_\_\_

Profession / Specialty \_\_\_\_\_

**FEES:** Full payment is due with registration.

- \$550 for physicians
- \$450 for nurses and allied health professionals
- \$375 for students and residents with letter from program director

### Indicate method of payment:

Register online with a credit card at [www.PedsUniversity.org](http://www.PedsUniversity.org)  
(Mastercard, Visa, American Express or Discover)

OR

Enclosed is my check for \$\_\_\_\_\_ payable to Nemours.  
Please include name of registrant on the memo line of the check.

### Mail check and completed registration form to:

Nemours/Alfred I. duPont Hospital for Children  
Attn: Office of Continuing Medical Education  
PO Box 269, Wilmington, DE 19899



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A News and Educational Resource for the Pediatric Community

## FOR MORE INFORMATION

Contact Karen Bidus, (302) 651-6752 or [kbidus@nemours.org](mailto:kbidus@nemours.org)