

# Hot Topics in Pediatrics



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**July 21–23, 2022**

*Disney's Grand Floridian Resort and Spa  
at the Walt Disney World® Resort  
Lake Buena Vista, Florida*

# Hot Topics in Pediatrics

## July 21-23, 2022

### Disney's Grand Floridian Resort and Spa at the Walt Disney World® Resort Lake Buena Vista, Florida

Our seventh annual *Hot Topics in Pediatrics* conference will feature national leaders in the field of pediatrics discussing some of the hottest and most practical topics for providers caring for children in the primary care setting. From Hot Controversy debates to interactive educational offerings, *Hot Topics in Pediatrics* will help you stay current with the important issues of our times and implement strategies for practice change.

Topics will be presented in brief (20-30) minute presentations by a topic expert. There will be plenty of time for one-to-one discussion with speakers and opportunities for case-based learning.

#### Topics include:

- Asthma-inhalers to biologics
- General and food allergies
- Pediatric anxiety and mood in these pandemic times
- Psychopharm prescribing tips
- Acne
- Eczema
- Prescribing Accutane
- Syncope and chest pain
- Autism spectrum
- PCIT behavior therapy
- Bites and stings
- Febrile infant approaches
- Prescribing BCPs
- Eating disorders
- Hypertension and hyperlipidemia
- Infant food allergen supplements
- Palpitations and EKG
- And more . . .

#### Highlights

- An opportunity to earn Maintenance of Certification (MOC) points in the American Board of Pediatrics (ABP) Maintenance of Certification program.
- Nemours Children's Health is accredited by the Florida Board of Nursing to offer nursing contact hours (Provider #50-1428.) Application to offer nursing contact hours will be made.
- Application made to the American Academy of Family Physicians for prescribed credits for this conference.
- FREE luncheon on Friday featuring interactive Cardiac themed Jeopardy hour!

As applications are approved, our website ([HotTopicsinPediatrics.org](http://HotTopicsinPediatrics.org)) will be updated.

#### Note About COVID-19 Safety Precautions

As this conference approaches, Nemours Children's will assess guidance from local and national public health experts on implementing necessary precautions to ensure the health and safety of all attendees and staff. We will publish our COVID-19 safety measures on our conference website.



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#### Objectives

At the conclusion of this program, participants should be able to develop differential diagnoses and assess and manage clinical issues that occur in the primary care office, including:

- Recognize food allergies, appropriate testing, and appropriate referral in order to fully understand the indications for food tolerance treatment.
- Determine the different types of orthostatic intolerance and syncope events and their evaluations and treatments.
- Recognize the new guidelines regarding the treatment of febrile infants and develop a plan to help implement changes in their treatment.
- Identify safe and appropriate medication for pediatric ADHD, anxiety and mood.
- Recognize key asthma phenotypes to assist management options and new treatment options from inhalers to biologics.
- Implement early pediatric eczema treatment plans optimizing environmental changes plus the latest in topicals and biologics.
- Develop options and indications for prescribing OCPs in pediatrics.
- Diagnose and identify proper referral and care of pediatric eating disorders.
- Recognize autism spectrum disorders and related conditions in primary care.
- Evaluate and develop treatment plans for pediatric hypertension and hyperlipidemia.

# Hot Topics in Pediatrics

## Thursday, July 21

7 a.m.	Continental Breakfast/Registration/Exhibits
7:30 a.m.	Top 5 Articles of 2022   <i>Shiva Kalidindi, MD, MPH, MS(Ed.); Robert S. Walter, MD</i>
<b>DERMATOLOGY</b>	
8:15 a.m.	Eczema: From Topicals to Biologics   <i>Vikash S. Oza, MD</i>
8:45 a.m.	Dermatology Potpourri Tricks of the Trade   <i>Vikash S. Oza, MD</i>
9:15 a.m.	Acne Update 2022   <i>Vikash S. Oza, MD</i>
9:45 a.m.	Q & A
10 a.m.	Hot Controversy   PRESCRIBING ACCUTANE   <i>Robert S. Walter, MD; Vikash S. Oza, MD</i>
10:30 a.m.	Break/Exhibits
<b>PANDEMIC MENTAL HEALTH EXPLOSION</b>	
11 a.m.	Pediatric Anxiety and Mood   Cognitive Coping Skills to Teach in the Office   <i>Colleen C. Cullinan, PhD</i>
11:30 a.m.	Pediatric Psychopharmacology in Primary Care Part 1: ADHD, Behavior and Sleep   <i>Alison Schonwald, MD</i>
Noon	Pediatric Psychopharmacology in Primary Care Part 2: Mood & Anxiety   <i>Alison Schonwald, MD</i>
12:30 p.m.	Q & A
12:45 p.m.	Adjourn

## Saturday, July 23

7 a.m.	Continental Breakfast/Registration/Exhibits
<b>NEUROBEHAVIORAL</b>	
7:30 a.m.	On and Off the Autism Spectrum   <i>Alison Schonwald, MD</i>
8 a.m.	Autism: Helping our Families Get the Right Support   <i>Lisa Spector, MD</i>
8:30 a.m.	The Do's and Don'ts of Discipline   <i>Colleen C. Cullinan, PhD</i>
9 a.m.	PCIT Behavior Therapy   <i>Colleen C. Cullinan, PhD</i>
9:30 a.m.	Q & A
9:45 a.m.	Break   Exhibits   Check Out
<b>PEDIATRIC CLINICIAN POTPOURRI</b>	
10:15 a.m.	Bites and Stings   <i>Madelyn Kahana, MD</i>
10:45 a.m.	Approach to Young Febrile Infants   Things Have Changed!   <i>Johanna Kielbasa, MD</i>
11:15 a.m.	ABCS of BCPs   Yes, YOU Can RX in the Office   <i>Christine DiPaolo, APRN</i>
11:45 a.m.	Eating Disorders   A Primer for the Office Pediatric Caregiver   <i>Christine DiPaolo, APRN</i>
12:15 p.m.	Q & A
12:30 p.m.	Adjourn

## Friday, July 22

7 a.m.	Continental Breakfast/Registration/Exhibits
<b>ALLERGY</b>	
7:30 a.m.	Asthma 2022   The Age of Personalized Medicine Is Upon Us   <i>David R. Stukus, MD</i>
8 a.m.	Why Everything You Thought You Knew About Pediatric Allergies May Be Wrong   <i>David R. Stukus, MD</i>
8:30 a.m.	Evolving Paradigms   Food Allergies and Treatments   <i>David R. Stukus, MD</i>
9 a.m.	Q & A
9:15 a.m.	Hot Controversy   Allergen Supplements for Young Infants   <i>Jordan C. Smallwood, MD; David R. Stukus, MD</i>
9:45 a.m.	Break/Exhibits
<b>CARDIOLOGY</b>	
10:15 a.m.	Chest Pain in Pediatric Patients   <i>Bradley Robinson, MD</i>
10:35 a.m.	Dizziness, Syncope and Autonomic Dysfunction   <i>Bahram Kakavand, MD</i>
10:55 a.m.	Palpitations and Abnormal EKGs   <i>Alejandro Arevalo, MD</i>
11:15 a.m.	Murmurs   <i>Gul Dadlani, MD</i>
11:35 a.m.	Hyperlipidemia   <i>Carissa Baker-Smith, MD</i>
11:55 a.m.	Hypertension   <i>Dima Turpin, MD</i>
12:15 p.m.	Q & A
12:30 p.m.	Luncheon and interactive Cardiac themed Jeopardy hour   <i>Peace Madueme, MD; Steven Ritz, MD</i>
1:30 p.m.	Adjourn



# General Information

### Accreditation

Nemours Children's Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nemours Children's designates this live activity for a maximum of 13.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Maintenance of Certification (MOC) Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 13.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

### Commercial Support

This course may be supported in part by educational grants in accordance with ACCME Standards. At the time of this printing, a list of commercial supporters was not available. Appropriate acknowledgement will be given to all exhibitors and supporters in conference materials and at the time of the meeting.

### Disclosure Policy

As a provider accredited by the ACCME, Nemours Children's must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty involved in the development of CME content are required to disclose their financial relationships with ineligible entities. An individual has a relevant financial relationship if they have a financial relationship in any amount occurring in the last 24 months with an ineligible company whose products or services are discussed in the CME activity content over which the individual has control. Nemours Children's has policies/procedures in place to mitigate relevant financial relationships and their impact on the educational content. All relevant financial relationships will be disclosed to the activity audience and mitigated.

### Americans with Disabilities Act

In accordance with the Americans with Disabilities Act, Nemours Children's will provide modifications in teaching methodologies to accommodate individual needs. To request disability accommodations, contact the Office of Continuing Medical Education at least 15 days in advance of the program at 407.414.2679.

### Hotel Information

Victorian elegance meets modern sophistication at this lavish Disney Resort hotel. Unwind outdoors, indulge in a luxurious massage, and watch evening fireworks light up the sky over Cinderella's Castle. Just one stop to the Magic Kingdom park on the complimentary Resort Monorail, this timeless Victorian-style marvel evokes Palm Beach's golden era.

### Hotel Reservations

Single or double occupancy rooms are available at the conference rate of \$285 per night (plus tax.) A great rate for one of Disney's exquisite resorts! Hotel reservations may be made through our website at [HotTopicsinPediatrics.org](http://HotTopicsinPediatrics.org) or by calling the *Walt Disney World®* Resort, 407.939.4686. Please mention Nemours Children's and the name of the conference (Hot Topics in Pediatrics) to obtain the group discount.

The deadline for hotel reservations is **June 20, 2022**. **However, the hotel may sell out well before the deadline, so please reserve early.** (If you prefer to reserve a room at a different *Walt Disney World®* Resort hotel, you can also do that by calling the phone number above.)

As you prepare to visit *Walt Disney World®*, please know that enhanced health and safety measures are in place for your protection. Strict protocols in keeping with guidance from health authorities, such as the Centers for Disease Control and Prevention (CDC) and appropriate government agencies are in place throughout all of Disney properties.

### Know Before You Go

Certain parks, hotels, restaurants and other offerings may be modified or unavailable, limited in capacity and subject to limited availability or closure, and park admission and offerings are not guaranteed. For more information, visit [disneyworld.disney.go.com/experience-updates](http://disneyworld.disney.go.com/experience-updates).

To enter a park, both a park reservation and valid admission for the same park on the same date are required for guests ages 3 and up. For more information and to make required park reservations, visit [disneyworld.disney.go.com/experience-updates/park-reservations](http://disneyworld.disney.go.com/experience-updates/park-reservations).

### Discount Disney Tickets

Information on specially priced tickets to the *Walt Disney World®* Resort Theme Parks is available through our website at [HotTopicsinPediatrics.org](http://HotTopicsinPediatrics.org). Please note, BOTH a reservation and valid ticket are required for admission to the parks.

# Program Chairs | Faculty

## Program Chairs

### **Shiva Kalidindi, MD, MPH, MEd., FAAP**

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Associate Director – Education  
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### CHAIR EMERITUS

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Register online at  
[HotTopicsinPediatrics.org](https://HotTopicsinPediatrics.org)

Advance registration is required and should be received by July 1, 2022.

All registrations received by this date will be confirmed by email. A \$50 discount will be offered for registrations received before April 1, 2022.

### Fees

- \$650 for physicians
- \$550 for nurses and allied health professionals
- \$400 for students and residents with letter from program director

Registration fees include all course materials, continental breakfast each day, refreshments at breaks and lunch on July 22.

A credit card is required for payment. Visa, MasterCard, American Express and Discover cards accepted.

### Refunds

A refund, less a \$100 processing fee, will be given for WRITTEN cancellations received before July 1, 2022. No refunds will be given after this date. Nemours Children's is not responsible for any cancellation or change fees assessed by hotels, airlines or travel agencies.

### For More Information

Contact Ivy Gato-Gomez, Nemours Children's Office of Continuing Medical Education at [ivy.gato-gomez@nemours.org](mailto:ivy.gato-gomez@nemours.org).



Welcome to another engaging offering of *Hot Topics in Pediatrics*. Our program chairs are excited to bring you a new and up to date in person program!

We salute and appreciate the hard work and sacrifice all primary care pediatric caregivers continue to provide during these unprecedented times.

Our team can't wait to see you in *Walt Disney World*® for our seventh annual conference. This year we will continue to feature national leaders in the field of pediatrics, for discussions on some of the hottest and most useful topics for pediatric providers in primary care. From controversies to interactive educational opportunities, including a cardiac themed interactive luncheon, *Hot Topics in Pediatrics* will help you stay current with today's important issues and implement strategies for practice change.

Looking forward to seeing you at *Hot Topics in Pediatrics 2022!*

### Program Chairs

Shiva Kalidindi, MD, MPH, MS (Ed.), FAAP  
Robert S. Walter, MD, FAAP

## FREE CME Accredited COVID-19 Education from Nemours Children's

COVID-19 Pediatric Evidence-Based resource at [HotTopicsinPediatrics.org](https://HotTopicsinPediatrics.org)

Freely available evidence-based articles curated by our medical librarians and faculty are updated twice weekly. We created this resource as a response to the public health crisis (including information on improved teamwork, communication and patient care). Free CME credit available for this internet point of care search.

### Scan This QR Code

COVID-19 Enduring Modules are available on topics ranging from Vaccination to Primary Care to MIS-C. All modules are free and offer CME credit.

